

Transition and Children's Mental Health



Subject: Children's Mental Health Awareness Week, Focus on Transition

In recognition of the national campaigns for Children's Mental Health Awareness, SEDNET is distributing five days of children's mental health topical resource spotlights to draw attention to the mental health needs of children and adolescents.

Today's topical spotlight is transition resources for children with or at-risk of mental health disorders. Young adulthood is often a challenging time for those students experiencing or at risk of mental health disorders. This population is also less likely to access adult vocational rehabilitation support for fear of possible stigma to their future career path based on their disability. Research has shown many features of intervention during this period that promotes positive outcomes such as developing self-determination skills and behaviors.

The following resources focus on this topic and provide a wealth of information to promote successful transition for educators, students and their families:

Pathways Research and Training Center for Transition-Age Youth

www.pathwaysrtc.pdx.edu

Resources and information on effective service delivery for transition-aged youth with serious emotional and behavioral challenges.

Strength of Us

www.strengthofus.org

An online community for connecting and inspiring young adults who have been impacted by mental health disorders with various resources for overcoming the challenges faced.

Youth Move National

www.youthmovenational.org

Information and resources on a national, youth-led organization focused on improving services and systems to youth that have experienced the mental health, juvenile justice, education, and child welfare systems.

Thank you for taking time to review this important information on Transition and Children's Mental Health. For more information about SEDNET and transition resources please visit www.sednetfl.info and subscribe to our electronic newsletter.