



Suicide Prevention and Children's Mental Health

Subject: Children's Mental Health Awareness Week, Focus on Suicide Prevention

In recognition of the national campaigns for Children's Mental Health Awareness, SEDNET is distributing five days of children's mental health topical resource spotlights to draw attention to the mental health needs of children and adolescents.

Today's topical spotlight is on Suicide Prevention and Children's Mental Health. Suicide is the third leading cause of death in youth ages 15 to 24, with more teenagers and young adults dying from suicide than from cancer, heart disease, AIDS, birth defects, stroke, pneumonia, influenza and chronic lung disease combined. To help prevent suicides and suicide attempts, learn the warning signs of suicide and how to respond and get involved in state and community suicide prevention activities.

The following resources focus on this topic and provide a wealth of information on suicide prevention for educators, students and their families:

- **Suicide Prevention Resource Center**
www.sprc.org
Provides prevention support, training, and resources to assist organizations and individuals to develop suicide prevention programs, interventions, and policies.
- **Florida Suicide Hotlines**
www.suicide.org/hotlines/florida-suicide-hotlines.html
Lists suicide prevention hotlines in Florida and website resources on suicide prevention.

Thank you for taking time to review this important information on Suicide Prevention and Children's Mental Health. For more information about SEDNET and suicide prevention resources, please visit www.sednetfl.info and subscribe to our electronic newsletter.